

# 3-Memory Button Switch Manual for Mobel Motion desk



## For Sitting:

Set your chair so that both feet are on the floor, raise or lower the desk to elbow height.

Press (S) button on the memory switch until the height LED flashes, then press the (1) button and M1 will appear on the LED screen. The height is now set.

## For Standing:

Stand up and raise or lower the desk to elbow height.

Press (S) button on the memory switch until the height LED flashes, then press the (2) button and M2 will appear on the LED screen. The height is now set. If you press and hold (1) button, the desk will go back to the sitting height.